



10)The first answer you choose will always work.

a. True

b. False

11)Sometimes I may have to negotiate with others to come to a solution.

a. True

b. False

12)No matter what, I should never have to adapt to the situation.

a. True

b. False

13)At times I may not feel supported by others about my decision, but I need to make a decision based at what is best for me.

a. True

b. False

14)“Changing HABITS” is an acronym for how to look at my habits and work on modifying the habit(s) into healthier ones.

a. True

b. False

15)My success depends on my own personal accountability.

a. True

b. False