

Outcomes Data Report
October 2006 – September 2010
Winchester Medical Center Bariatric Program
Medical and Surgical Weight Loss

Troy M. Glembot, MD MBA
Medical Director

**Blue
Distinction®
Bariatric Surgery**



**Center of
Excellence**
BARIATRIC SURGERY

Mission statement

“To improve the health of severely obese people by providing comprehensive treatment through, medical, surgical, dietary and educational intervention.”

Components of the WMC Bariatric Program

- Medical Arm
 - Dr. Sherif Kaiser and Dr Angela Harden–Mack
 - Four target populations identified
 - Those who do not want surgery
 - Those who do not qualify for surgery
 - Those who have an insurance mandated diet
 - Those who have had surgery, and need optimization

Components of the WMC Bariatric Program

- Those who have an insurance mandated diet
 - Affects about two thirds of those people who have an insurance benefit
 - Most insurance companies have their own set of criteria used to determine whether this requirement has been satisfied

Components of the WMC Bariatric Program

- Medical Arm
 - Coordinated care between physician, dietitian, behaviorist and exercise specialists
 - Treatment options
 - Portion control
 - Short term medication use
 - Weight Wise
 - Optifast®

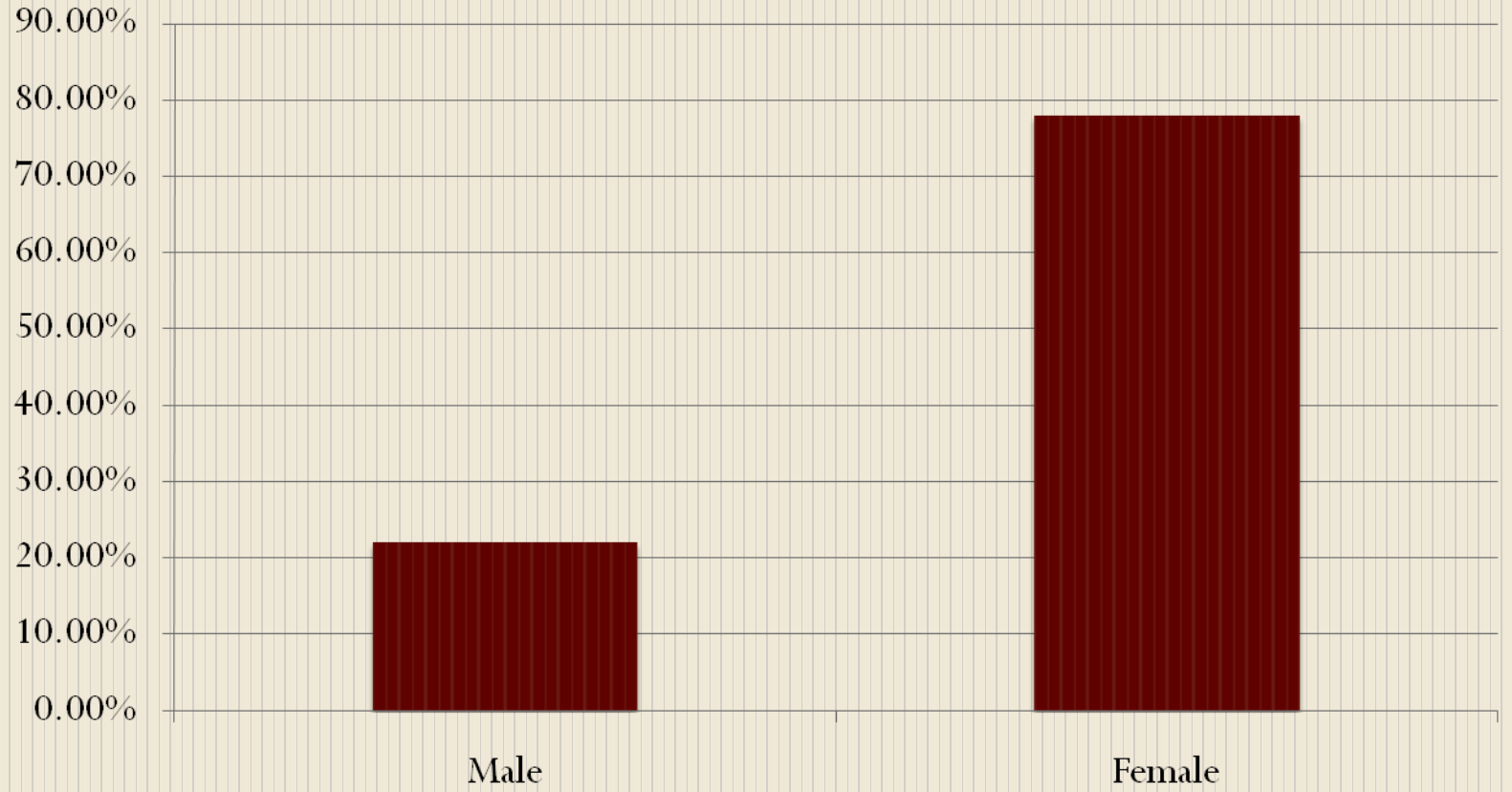
Components of the WMC Bariatric Program

- Surgical Arm
 - Coordinated care between surgeon, dietitian, behaviorist and exercise specialists
 - 99% operative procedures performed using minimally invasive laparoscopic techniques
 - Laparoscopic Roux en Y Gastric Bypass (LGBP)
 - Laparoscopic Adjustable Gastric Band (LAGB)
 - Lap-Band®
 - Realize Band®
 - Laparoscopic Sleeve Gastrectomy

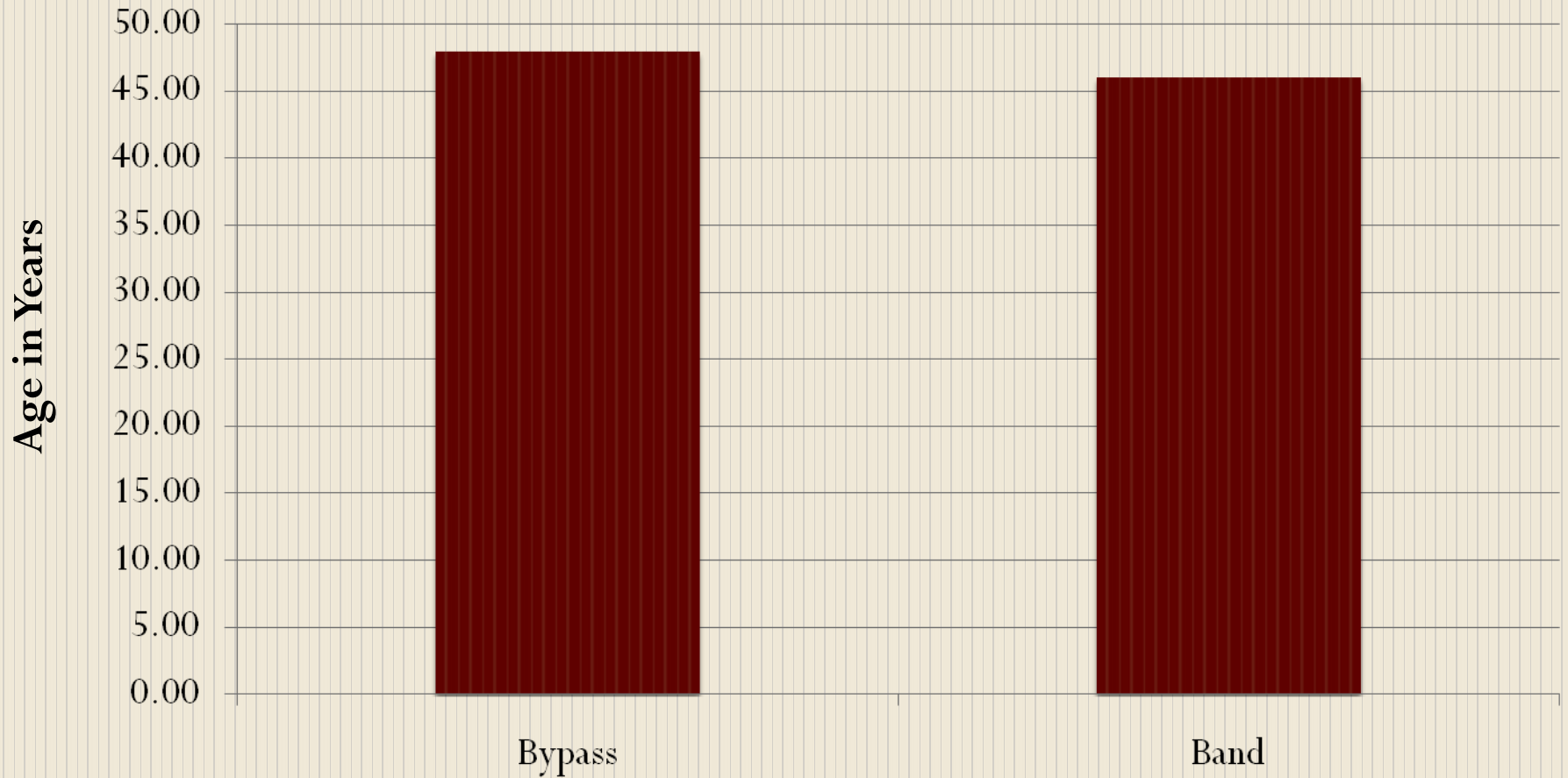
Program Data

1. Gender
2. Average Age
3. How Did you Hear About Us?
4. Average Initial BMI
5. Total Primary Procedures
6. Total Revisional Procedures
7. Primary Conversion Rate
8. Average Procedure Time
9. Average Length of Stay
10. Percent Excess Weight Loss
11. Reoperation Rates
12. Readmission Rates
13. Rates of Adverse Events
14. Improved Comorbidities
15. Resolved Comorbidities

Gender

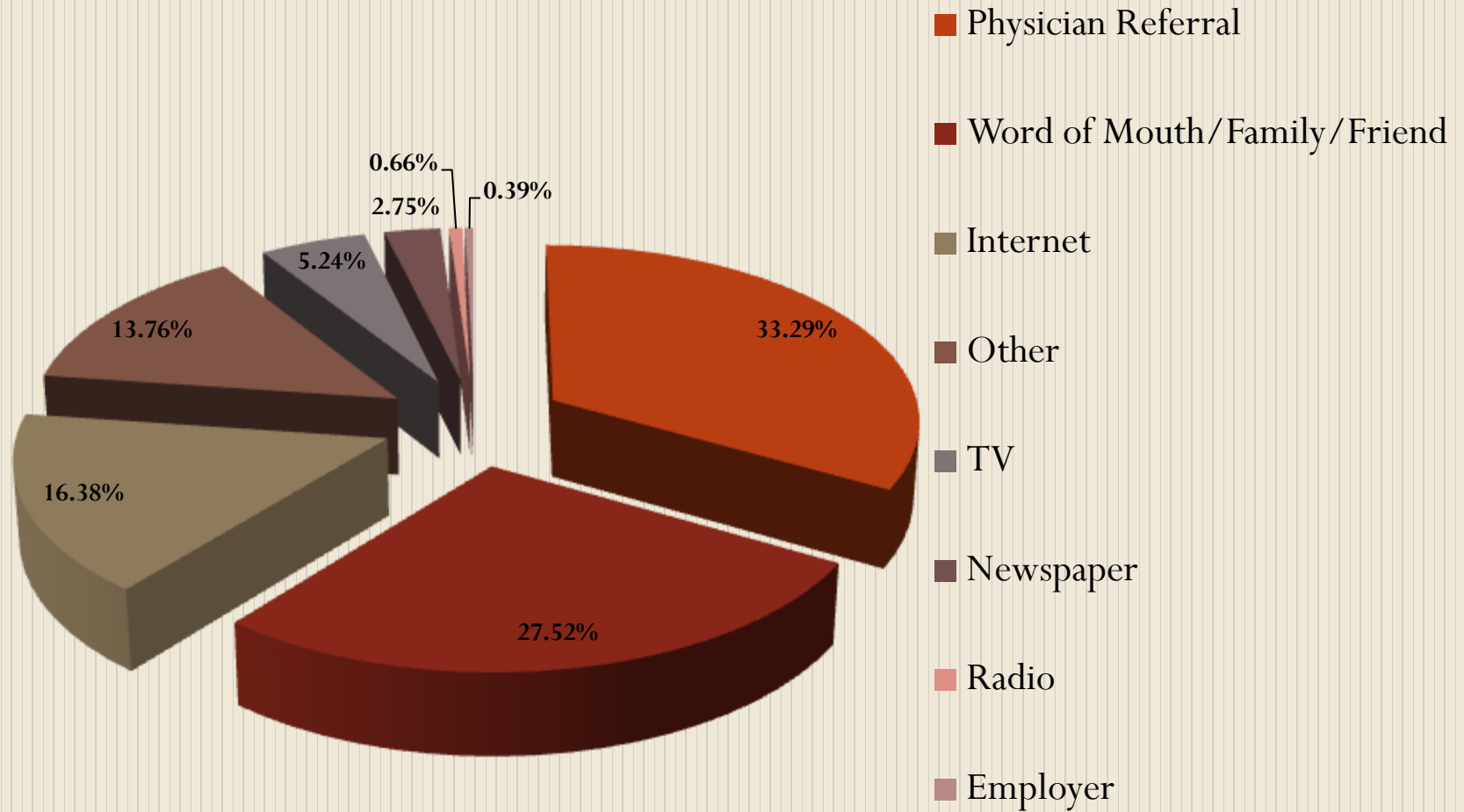


Average Age



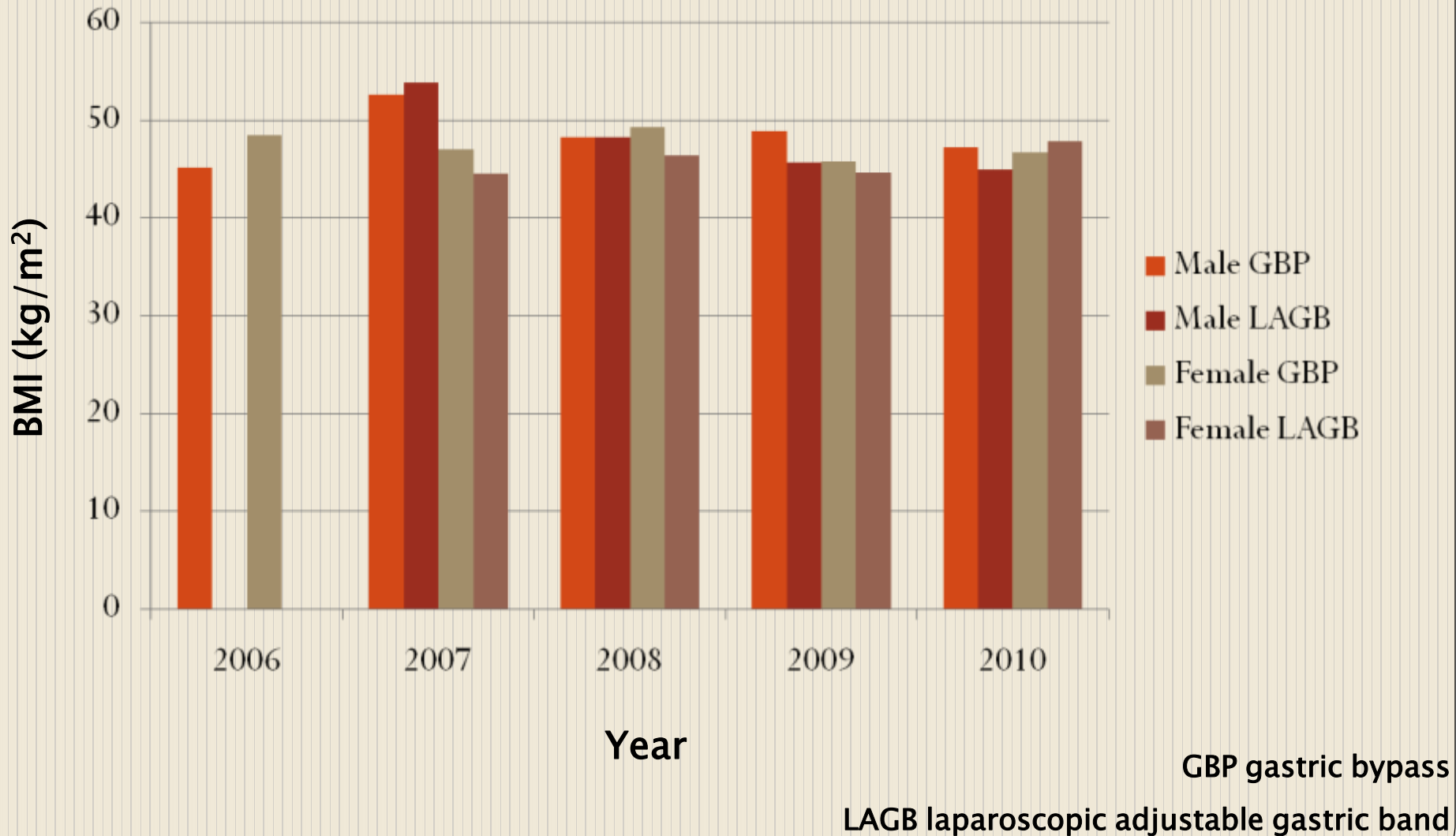
How did you hear about us?

8/1/2009 - 9/30/2010



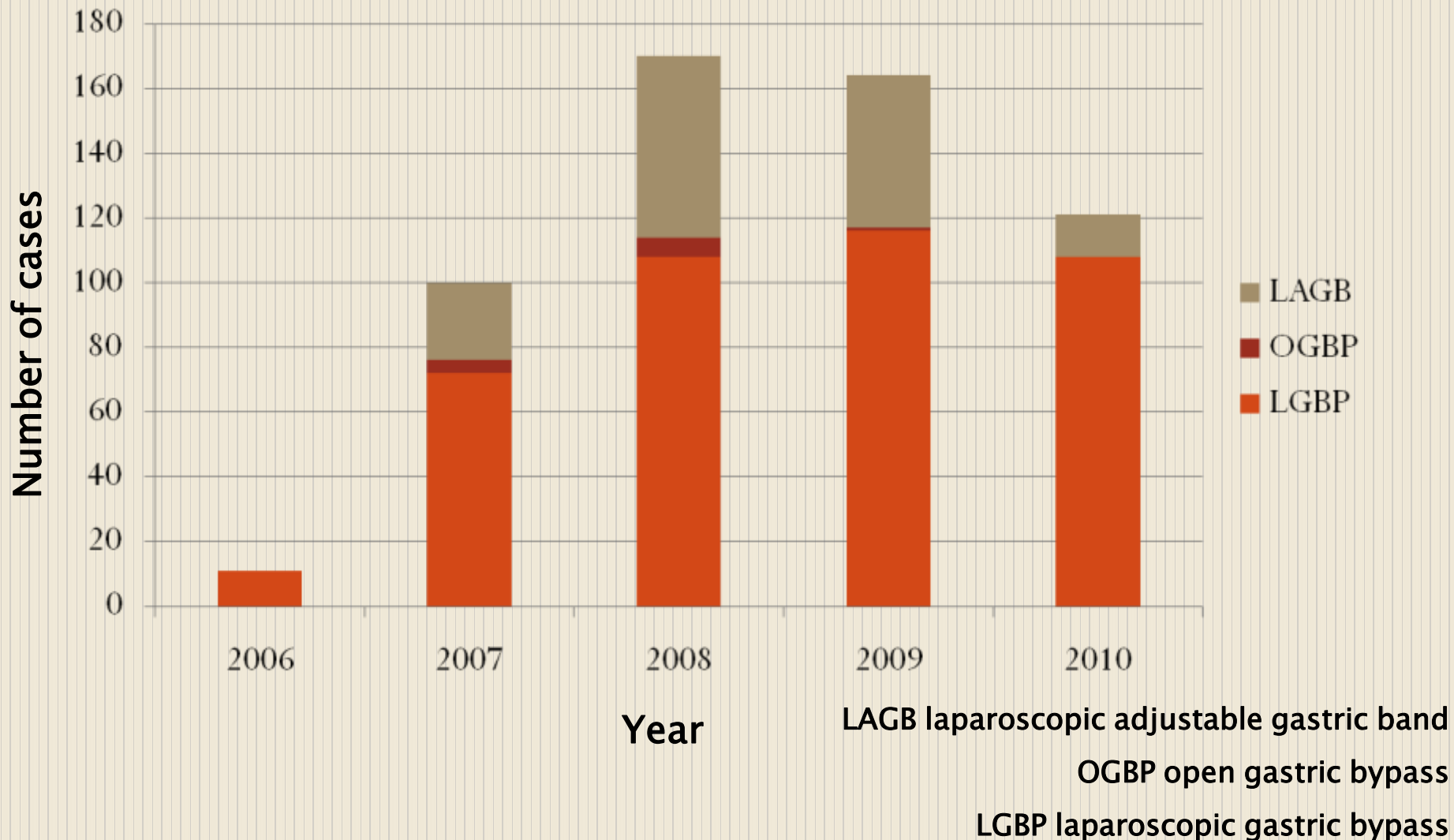
Average initial BMI

*YTD 2010 data thru Sept



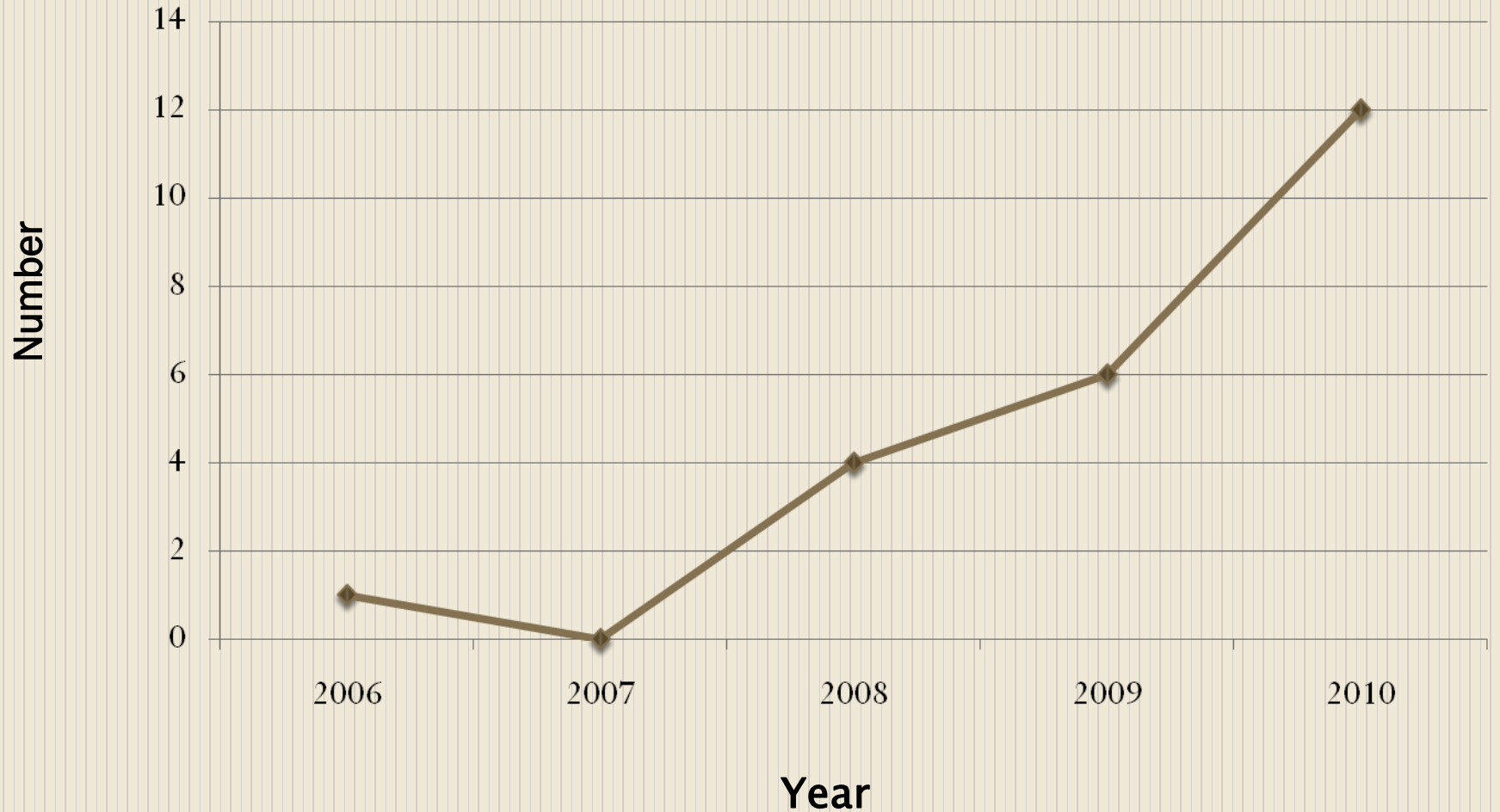
Number of primary bariatric procedures by year

*YTD 2010 data thru Sept



Number of revisional procedures

*YTD 2010 data thru Sept



Primary conversion rate of laparoscopic to open gastric bypass

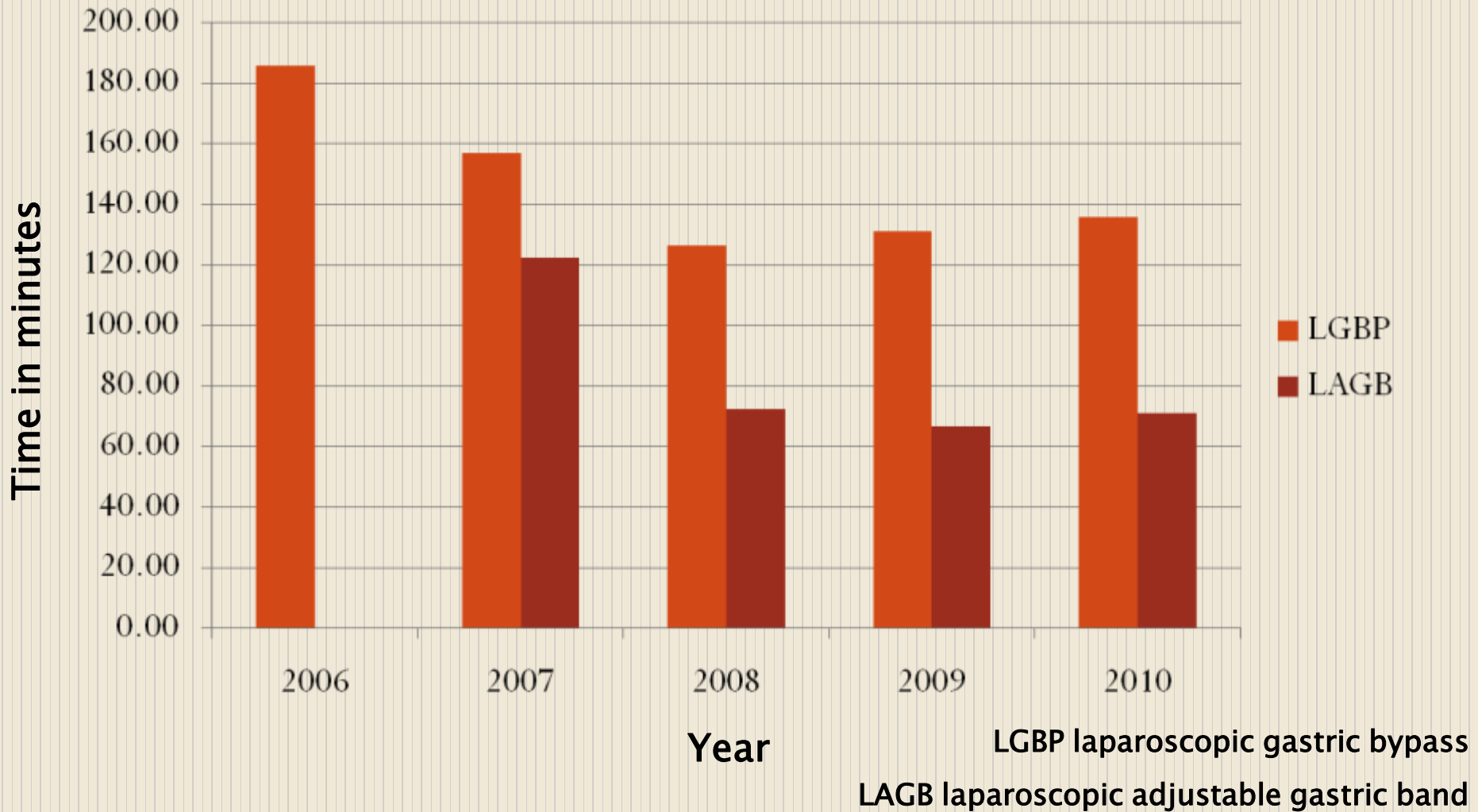
*YTD 2010 data thru Sept

	2006	2007	2008	2009	2010
#GBP	11	76	115	116	108
#OGBP	0	4	7	1	1
% Converted	0	5	6	0.8	0.9

Overall conversion rate 1.76%

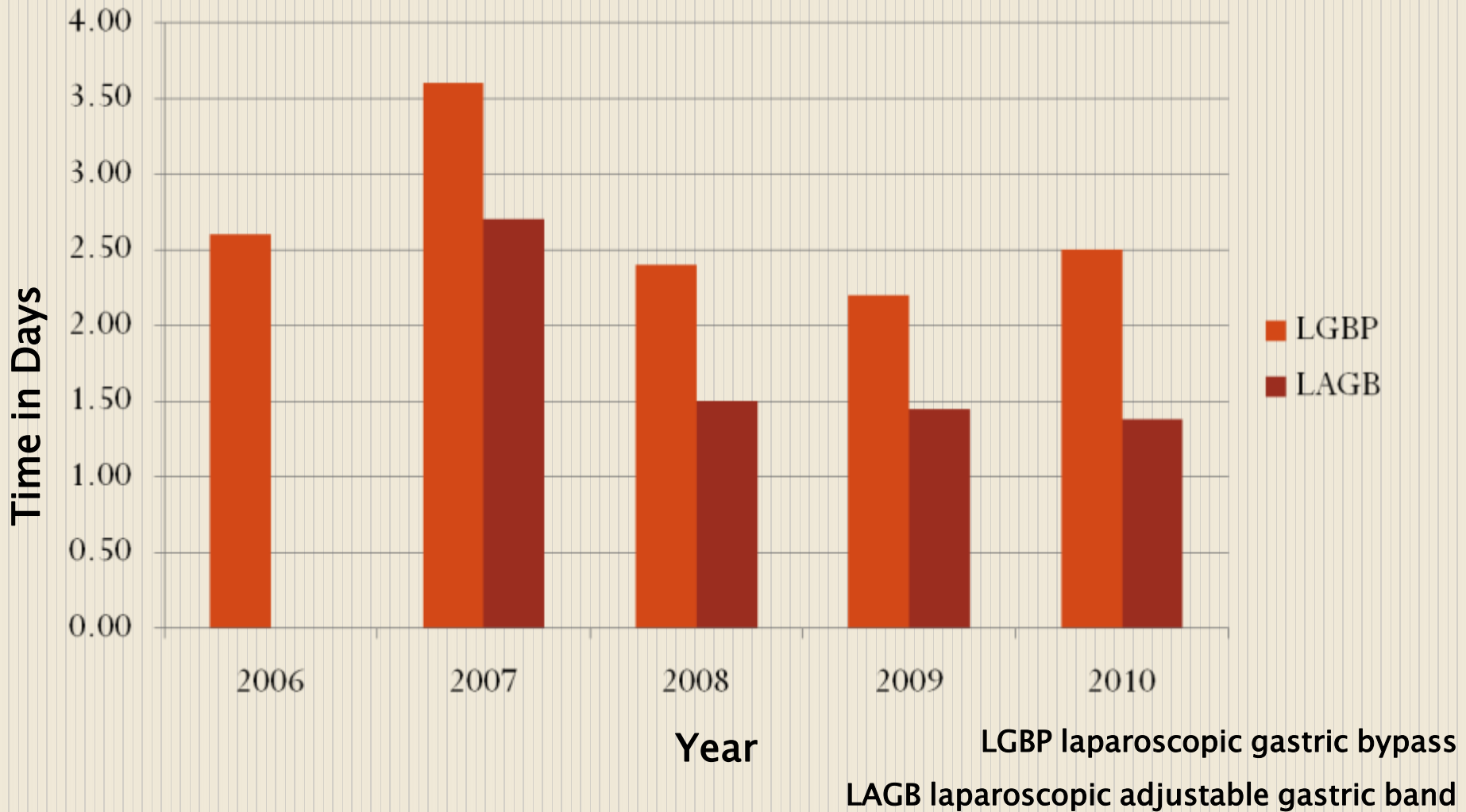
Average Procedure Time

*YTD 2010 data thru Sept

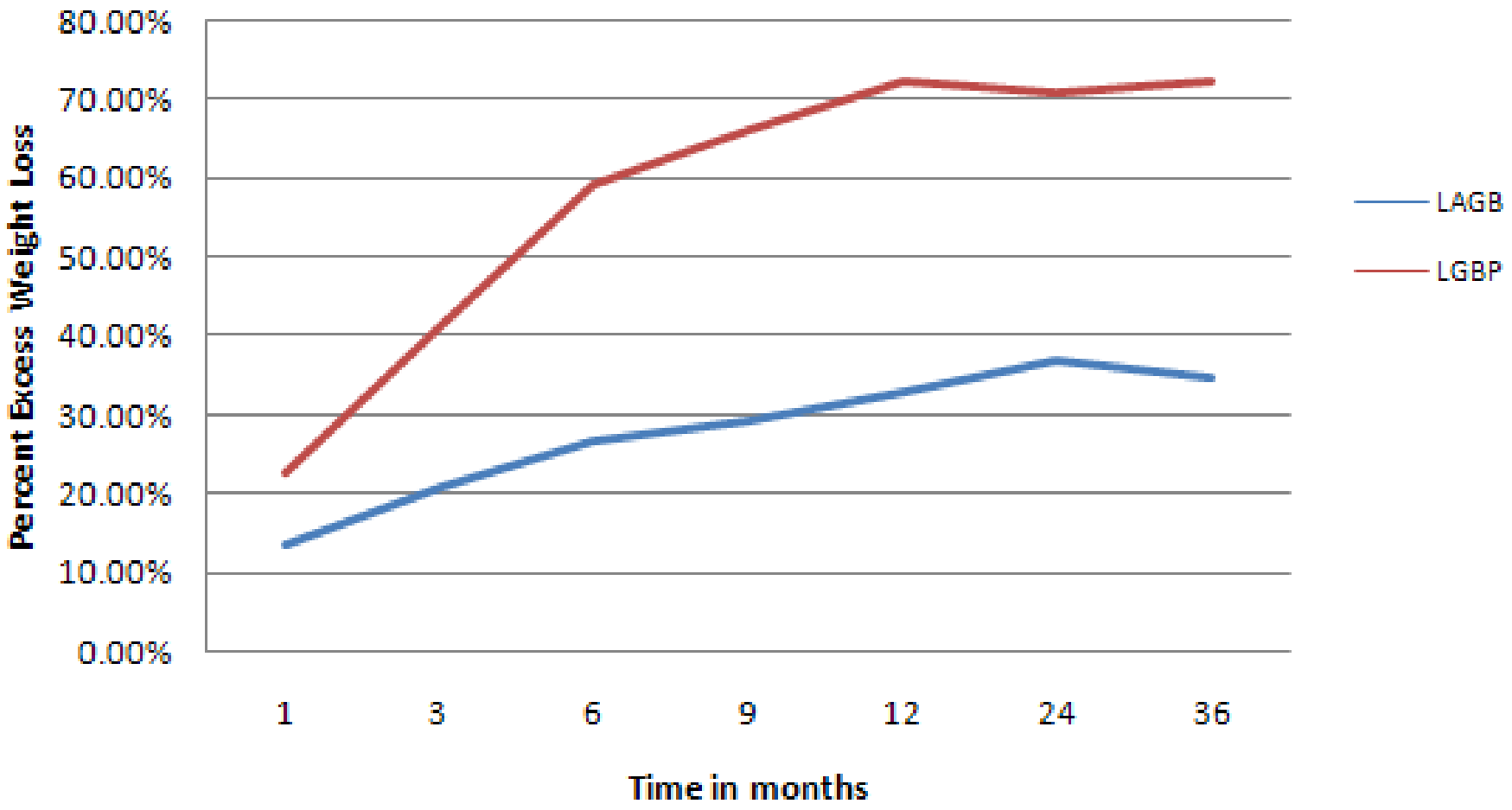


Average Length of Stay

*YTD 2010 data thru Sept



Percent Excess Weight Loss

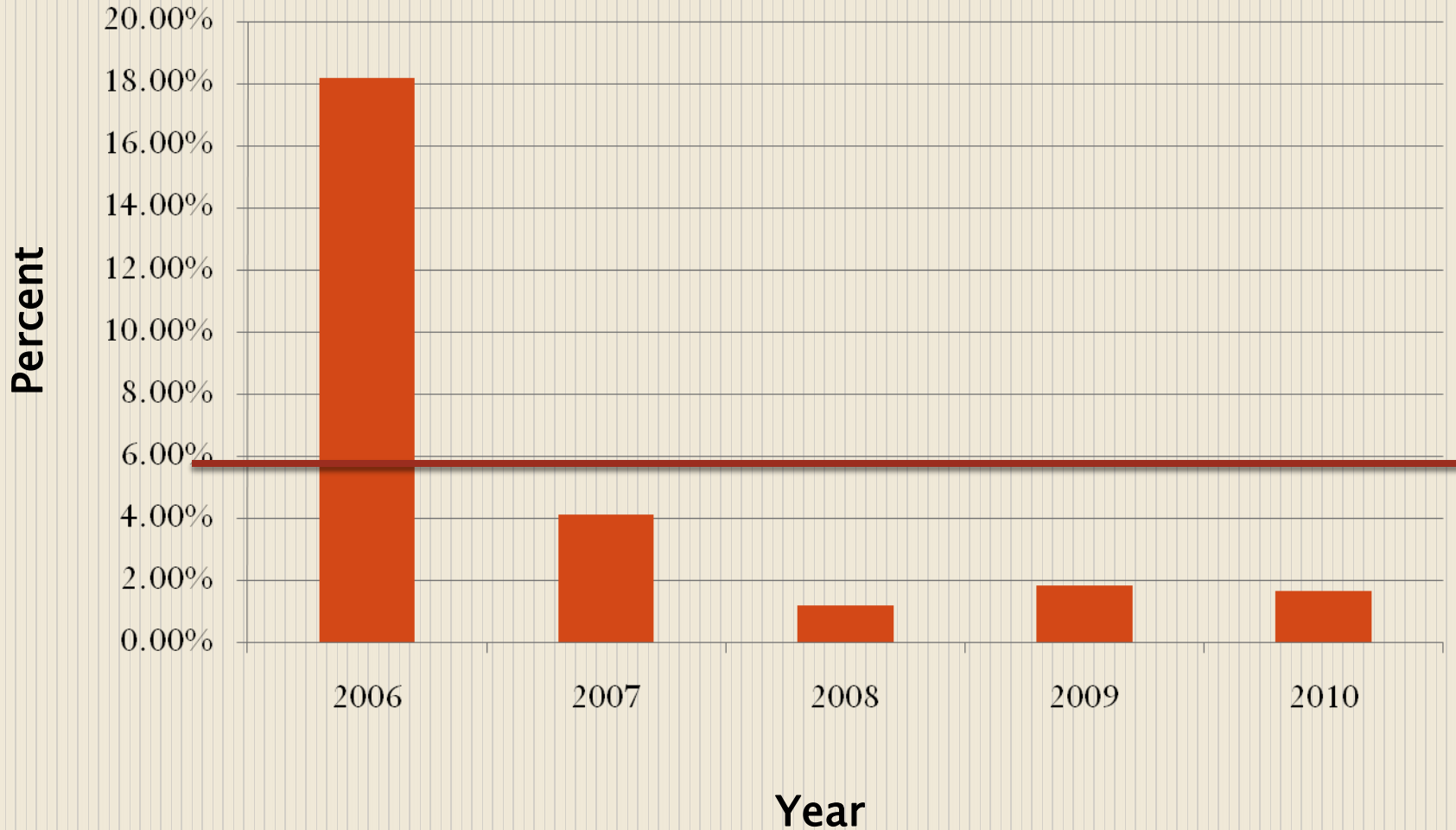


LGBP laparoscopic gastric bypass

LAGB laparoscopic adjustable gastric band

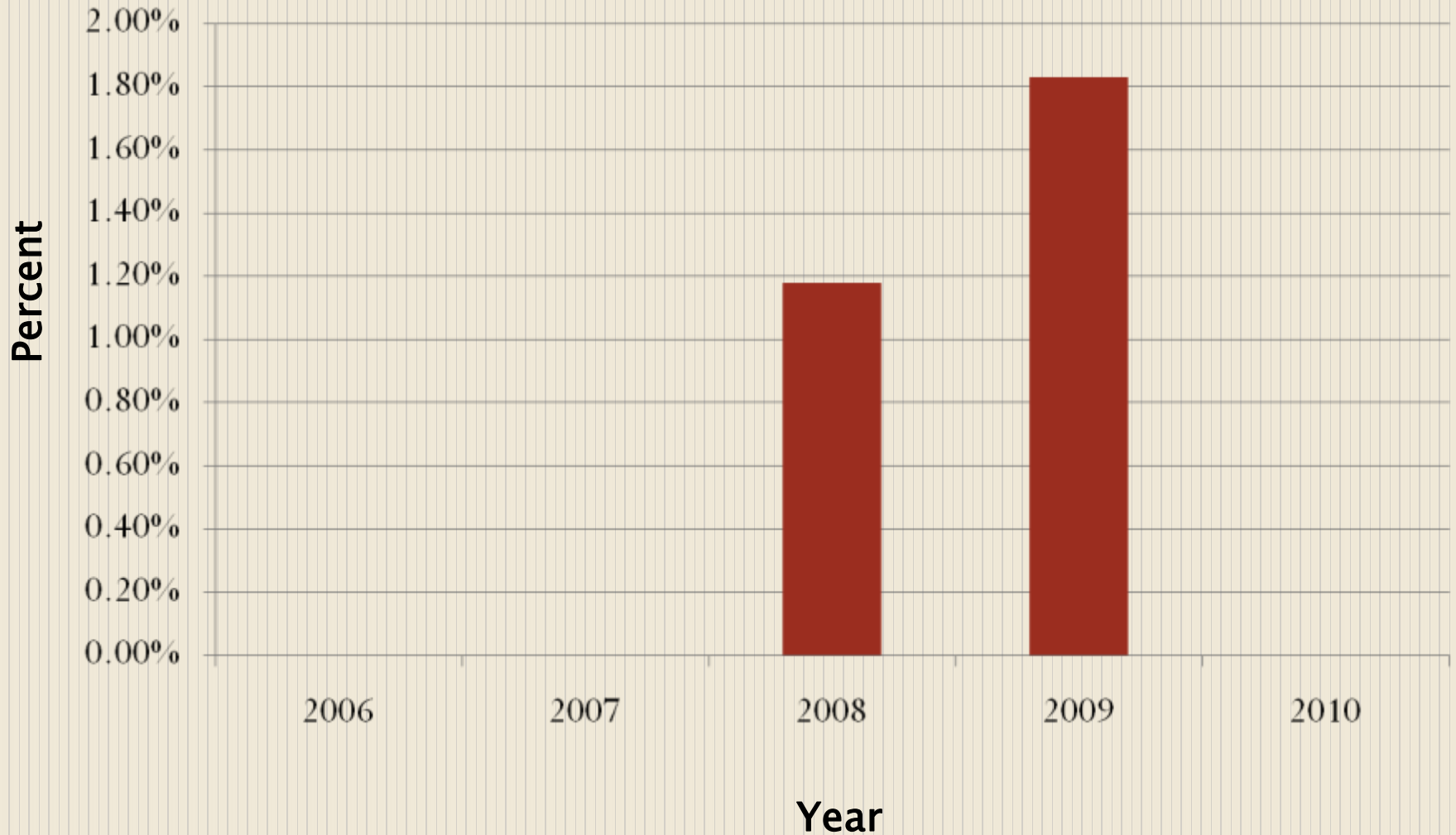
Rate of Reoperations within 30 Days

*YTD 2010 data thru Sept



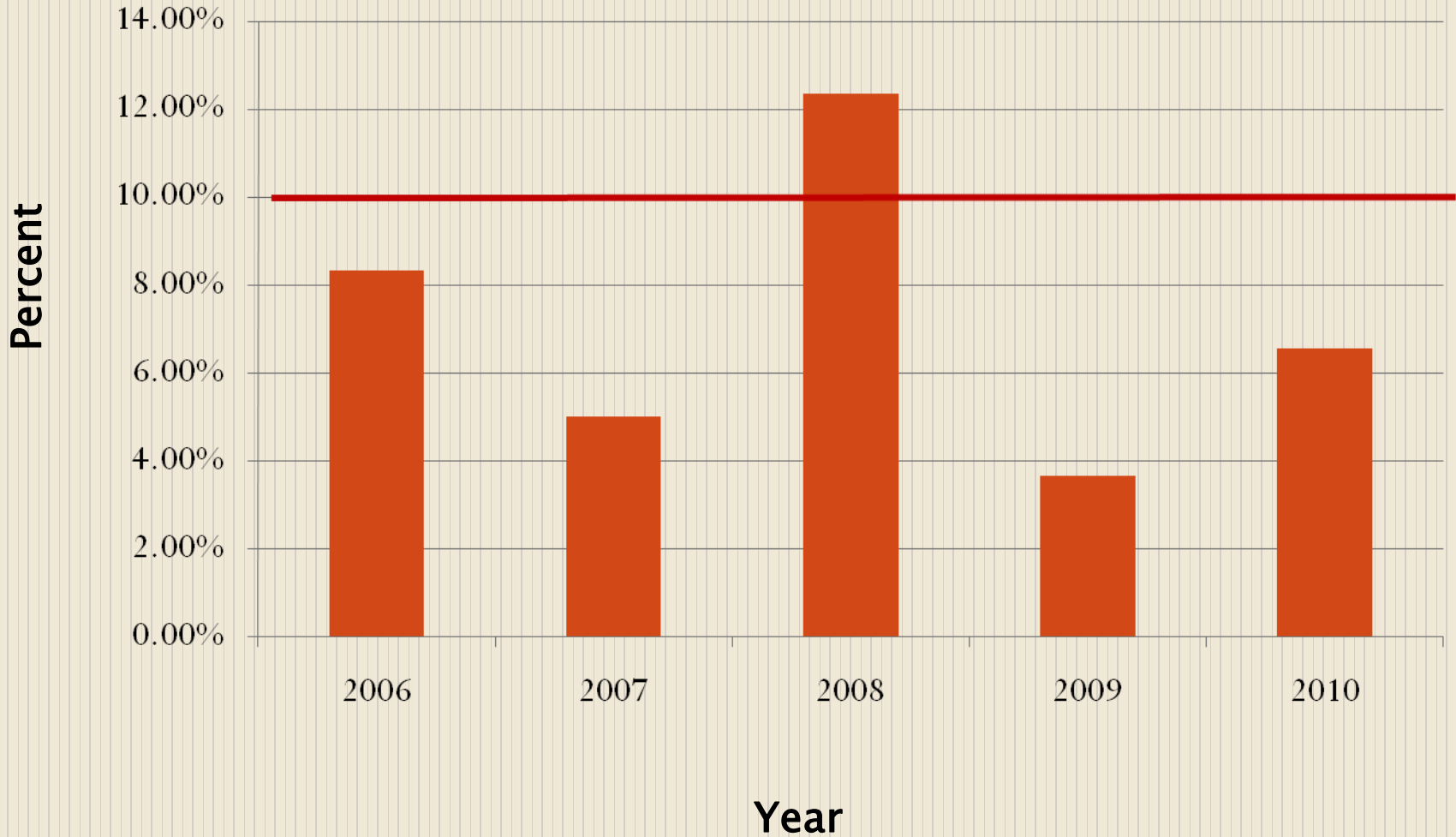
Rate of Reoperations between 31 and 90 Days

*YTD 2010 data thru Sept



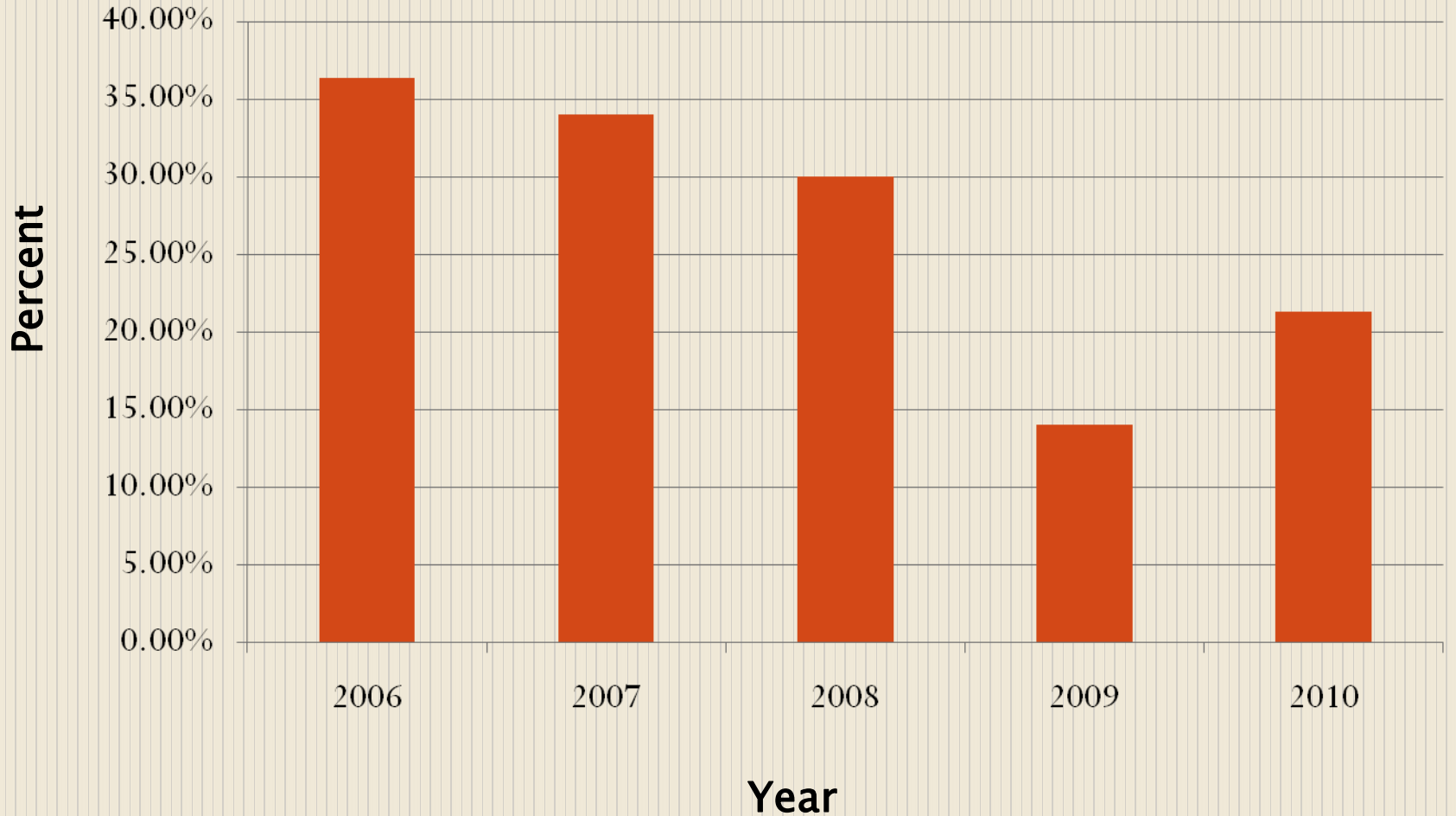
Rate of Readmissions within 30 Days

*YTD 2010 data thru Sept

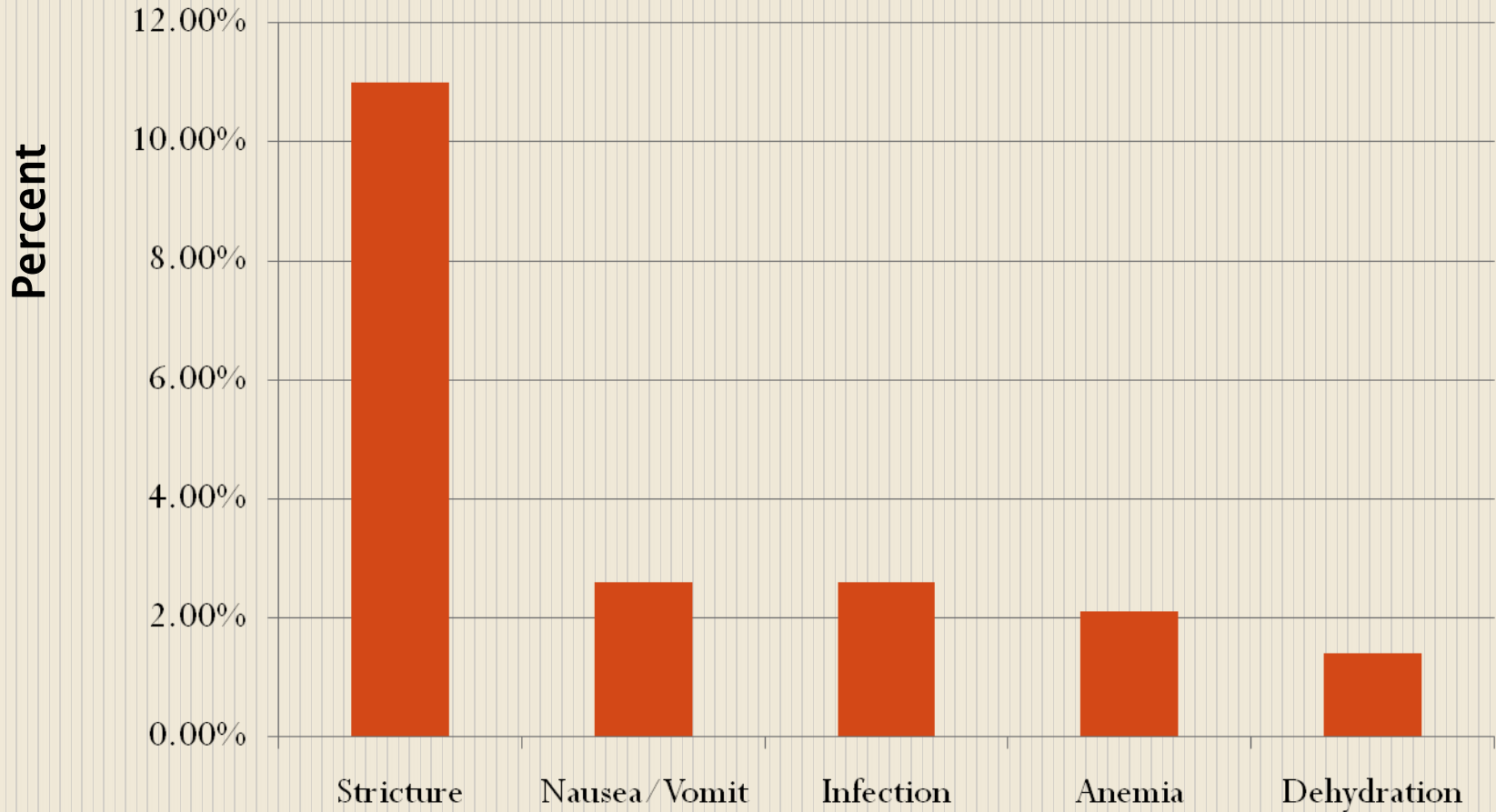


Adverse Event Rate Within 30 Days

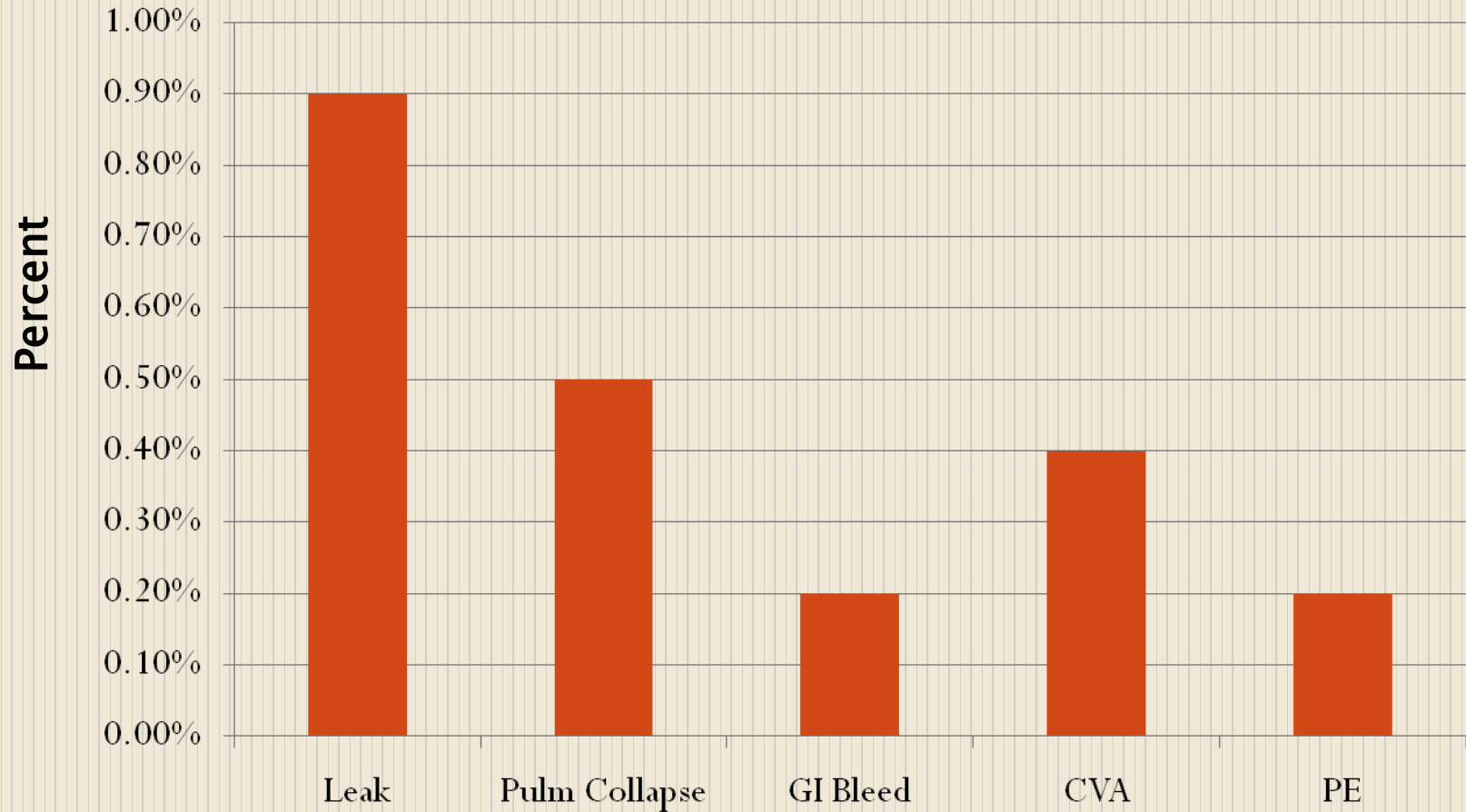
*YTD 2010 data thru Sept



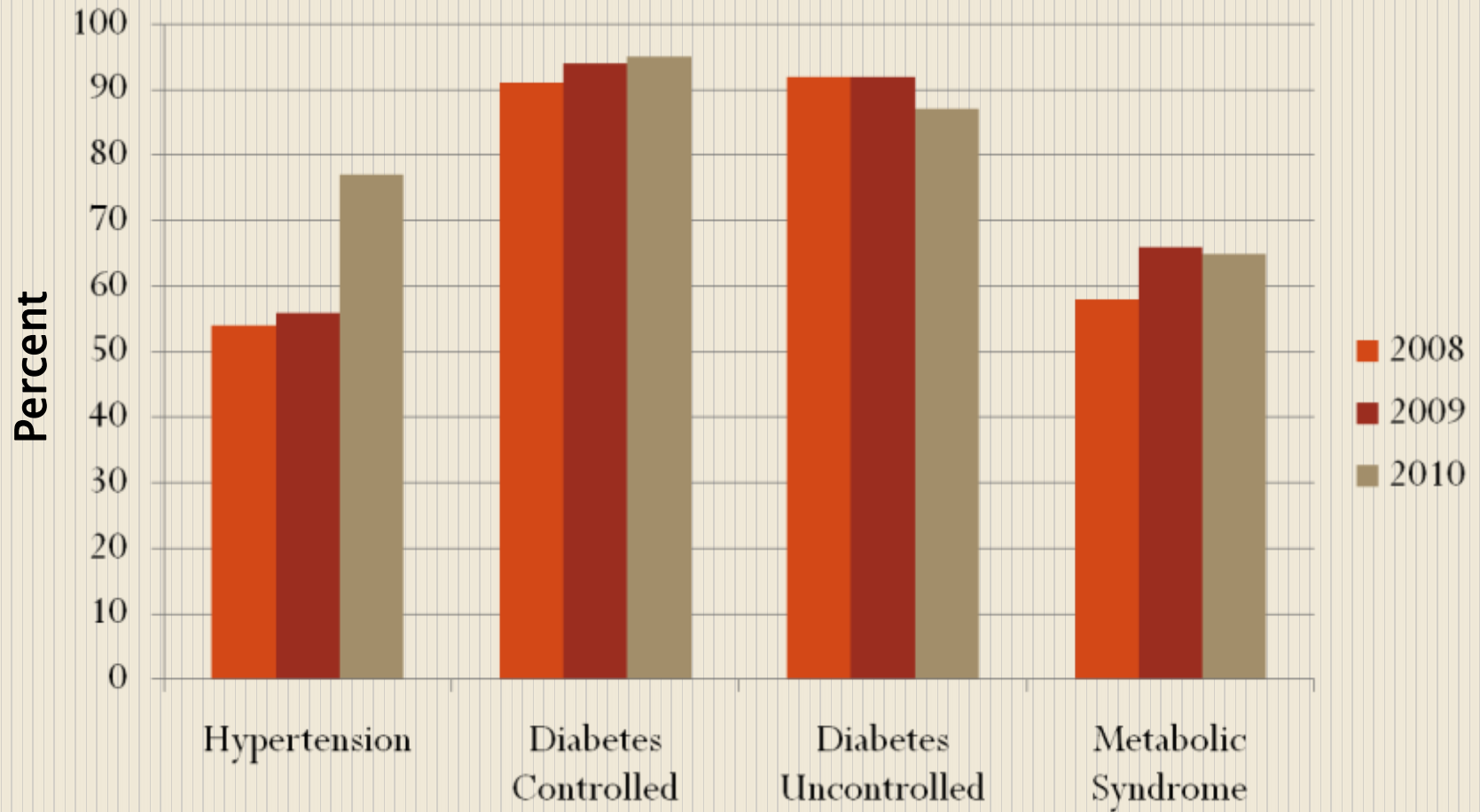
Adverse Events Within 30 Days as % of Total Cases



Adverse Events Within 30 Days as % of Total Cases



Comorbidities Improved



Comorbidities Resolved

